



## Letters

### ITV OPEN HOUSE

To the Editor:

Many thanks for the recent article on the University of Maine's ITV system. I would like to let your readers know that the ITV site at Telstar will hold an Open House on Wednesday, December 4 from 10 a.m. to 8 p.m. This will provide anyone interested in experiencing distance education with the chance to visit classes, talk to students, obtain information about upcoming classes, enjoy refreshments and to register for a door prize. The ITV site is located at the Adult Education office at Telstar High School just inside the side entrance.

One clarification in your article involves the tuition charged for ITV courses. The figures in your article were "per credit hour" and most courses are offered for three credits. Thus the cost per course ranges from \$282 for the least expensive undergraduate course to \$537 for the most expensive graduate course. Adult students fund their education through financial aid available from the government and private sources in the form of grants and student loans, as well as from their own resources and tuition reimbursement from employers. The Andover Education Fund has recently made funds available to adult learners from Andover seeking college or technical skills. Sharon Hutchins, 392-4351, has information on this resource. General information about college programs and sources of financial aid is also available from the Adult Learning Center's guidance counselor, Merrill Bittner, 824-3330.

I am very proud of the many accomplishments of our ITV students, and hope that your article will inspire others to begin or continue their college education. Those interested are welcome to attend the Open House or to call me for information at 824-2780.

Cathy Newell  
Director, SAD44 Adult and Community Education

### CHRISTMAS FOR CHILDREN

To the Editor:

The Bethel Rotary Club is once again sponsoring its annual Christmas for Children drive in the greater Bethel area. Children in the SAD44 sending area benefit tremendously from the support that has been shown for this program over the past 10 years. During that time, hundreds of families have received assistance as a result of the generous donations made by community members and people from all over New England. The Christmas for Children campaign is proud of the fact that it has never had to turn away a request. Every eligible family who had requested assistance has received help since the inception of this program.

We are once again asking you to consider making a donation for the children of less fortunate families. Contributions or letters of request can be sent to Christmas for Children, c/o David W. Murphy, 843 Mayville Road, Bethel, ME 04217. They can also be dropped off at the Crescent Park School office.

The Bethel Rotary Club appreciates the support it has received over the past 10 years and looks forward to once again assisting many families in this sometimes difficult holiday season. If you have any questions about the program, please do not hesitate to contact any member of the Bethel Rotary Club. This is a true example of a community project that puts 100 percent of its effort directly back into the community it serves.

David W. Murphy  
Bethel Rotary Club

### CHRISTMAS FOR FAMILIES

To the Editor:

This again is a time to think of Christmas and helping others. If you or someone that you know need assistance this year, please stop by the Rebel Restaurant in West Bethel and pick up an application. The applications will need to be returned to the Rebel Restaurant by Dec. 8.

Also, if you would like to be a sponsor for a child or a family, please call Ning Wheeler (824-3703 or 824-3662) or Maryanne Wheeler (824-2345).

Last year we were lucky to help 157 children and their parents because of those kind people who were willing to give. Let's make this another great year.

Ning Wheeler  
West Bethel

### THANK YOU, CAMILLA

To the Editor:

Re: A Virginia girl (Camilla Everett) comes home to a place called Bethel.

A wondrous article she wrote, which ended with "I want you to know that God loves you and so do I."

Yes, Camilla, the name of Bethel is found in the Bible in Genesis 28:19. And radiation treatments are now the same as my wife Doris will go through. Your article is indeed most helpful to us.

We lived near Bethel for a number of years and it is a special place in our hearts. Thank you.

Fred Werner  
Mt. Myers, Fla.

### Hot News Tip? --Call 824-2444

## The Bethel Citizen

P.O. Box 109 • Bethel, Maine 04217 • (207) 824-2444 • 800-9BC-NEWS

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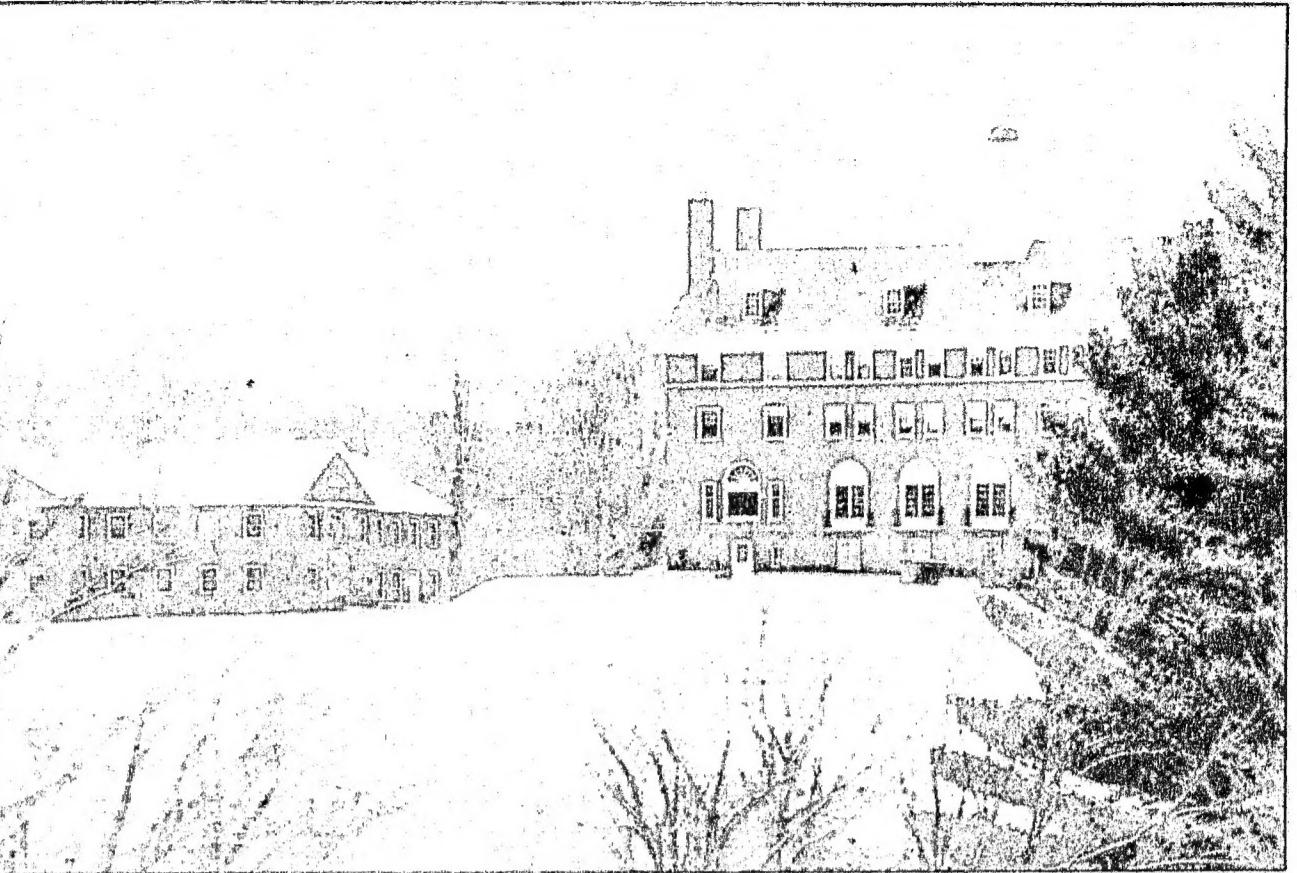
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GOULD ACADEMY'S GEHRING HALL, as it appears now from Lovers' Lane.

(Photo by Alison Aloisio)

### Gould

Continued from page 1

But Planning Board member Stan Howe said that the modern design of the proposed building was out of place on the Gould campus -- especially that close to Gehring Hall.

Howe -- who is director of the Bethel Historical Society and a former member of the Gould Board of Trustees -- described the neo-Georgian Gehring Hall as "one of the outstanding buildings at Gould and beyond." He worried that the new building would ruin the view of the Gould campus from Lovers' Lane (see photo above).

If the new building were in place, he said, and he were looking at the campus from that vantage point, "I'd look at Gehring Hall behind it and say, 'What's that intrusion

doing in the way?'"

May acknowledged the new building would have an effect on that perspective of Gould, "but it would have an impact no matter where you put it."

Howe objected particularly to the large array of windows in the new building, but May noted they would provide students and others with a panoramic view of the Mahoosuc.

#### Public hearing

Due to the large size of the proposed building, the Planning Board agreed that a public hearing should be held. It has been scheduled for 6 p.m. on Dec. 17, at the Crescent Park School.

The hearing is slated for Tuesday, Nov. 26, at 6 p.m., at the Crescent Park School.

has not yet formally approved the new building, but is expected to vote on it in late January, Clough told the Planning Board.

In a prepared statement released following the meeting, Clough said the academy is in the early stages of fundraising. The initial results have been encouraging enough that the Board of Trustees did authorize presenting the building to the Planning Board, according to the statement.

The last major building constructed at Gould was Davidson Hall, which was completed in 1971.

It is not generally regarded as one of the architectural gems of the campus. "It's just awful," Howe said. "No one likes it."

The next issue of the society's quarterly, *The Bethel Courier*, is now being readied for the printer. It will feature an article on the history of Bethel's Vernon Street. Anyone wishing a complimentary issue should call the society office at 824-2908 or write P.O. Box 12, Bethel, ME 04217-0012.

The Bethel Courier will observe 20 years of publication this year. Few historical society publications in Maine can claim that longevity; it is hoped that it will be around for at least another 20.

#### LOOKING BACK

10 years ago: The Bethel Rotary Club held a pancake breakfast at the Gould Academy cafeteria to benefit the "Jaws of Life" fundraising campaign. Edgeview Nursing Home was adding a 40-x-43-foot addition for a lobby and gift store, and for office space. Birth: Jerod Verrill. Marriage: Barbara Merrill and Dale Lapham. Death: Blanche Bennett.

20 years ago: Bethel Planning Board distributed a nine-page survey to local citizens, the results of which would aid in updating the 1967 Comprehensive Plan. The ladies of the Gilead Women's Club met at the school house (now a country store) for an evening of business and games. Arthur Gauthier reported 27 deer and four bear tagged at the Newry inspection station the first two weeks of the hunting season. Death: Hartland Averill.

30 years ago: The home of Mr. and Mrs. Lester Butters on Northwest Bethel Road (the former George Chapman place) was gutted by fire. An early family (five members) season pass at Mt. Abram Ski Slopes was \$135. Honored by the Gould Athletic Council for their outstanding contribution to varsity teams were: Bob Everett (three varsity letters in cross-country, three in track and as captain of the 1966 State Championship cross-country team) and George Nickerson (one varsity letter in basketball, three in baseball, three in football and as co-captain of the 1966 football team. Births: Darren White, Steven Tibbets. Marriage: Carolyn Savage and William Roberts. Death: Susan Capen.

40 years ago: Christmas Club checks totaling \$21,627 were mailed to 228 club members by Casco Bank & Trust Company. Bethel citizens were urged by Gov. Muskie to participate in the "Back the attack on Traffic Accidents" program sponsored by the National Safety Council. John Carter bought the Beryllium property on Church Street (formerly the Fred Gordon home and currently owned by Sam and Natalie Timberlake). Marriages: Marion Andrews and Henry Stone, Myra Halmi and Bertrand Noble. Death: Mary Lapham.

50 years ago: The Gateway Hotel (formerly Maple Inn and currently Sudbury Inn), owned by Robbie Watson was sold to Mr. and Mrs. Marcel Fredey. Richard Douglass hosted a corn-husking bee for eighth-grade students at William Chapman's barn on Broad Street (now owned by Natalie and John Amann). Seventy-five bushels of corn were husked at a husking bee under the direction of Bethel Elementary School chaperones Charles Chapman, principal, and Helen Varner; games and dancing were enjoyed at the Community Room after the bee. Birth: Carol Hunsicker. Marriage: Winona Edminster and Allan Chase. Death: Annie Goodwin.

100 years ago: Schools which had been closed because of the diphtheria epidemic reopened. The weight of mail received at the Bethel Post Office totaled 5,130 pounds during the past month.

Items in *Looking Back* are compiled by the Bethel Historical Society from back issues of *The Bethel Citizen*.

#### THIS WEEK AT THE

### Moses Mason House

All members and friends of the Bethel Historical Society are reminded that the next monthly meeting will be held on Thursday, Dec. 5, in the meeting room of the Dr. Moses Mason House, beginning at 6:30 p.m., for the annual "Christmas with the Masons."

The museum will be decorated with bows, berries and fruit, much as it would have been in the early 19th century. Anyone interested in visiting at this time is cordially urged to do so.

Mull cider will be served from the hearth of the winter kitchen and Christmas goodies and music will add to the experience. There will also be Christmas music in the meeting room during this time as well.

At 7:30 p.m. the society will hold its monthly meeting. A slide presentation titled "Lost Bethel" will complete the schedule of Bethel programs for the bicentennial year. Society Director Stanley Howe will highlight some of the losses in the town over the years. Anyone interested in attending this meeting is urged to come and gain a better understanding of the town's past.

The next issue of the society's quarterly, *The Bethel Courier*, is now being readied for the printer. It will feature an article on the history of Bethel's Vernon Street. Anyone wishing a complimentary issue should call the society office at 824-2908 or write P.O. Box 12, Bethel, ME 04217-0012.

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Wednesday

**Gym**  
BETHEL--School -- water sprinkler system, David Mumford, normal, an existing gymnasium likely have

**Video**  
BETHEL--proposed video pizza business in movie theater to the public approval under to come stairway to Pizza, in be 12 feet of dinning room, existing kioskness delivery

**Three**

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**AWD**

ANDOVER--water supply Wells. The Agency to a has received Home Admin Reservoir, met last we

**NOVA**  
RUMFORD--project on new sites a facility of the program begin almost director De

**CPS**

BETHEL--elementary nation by the Excellence, will take place to the school curriculum, at

**Quick**

WATERFORD--35 last week, 74, was not six towns re Waterford Blackstone scene from

**Barth**

AUGUSTA--party's cause of Bucksport Presque Isle

**Skiwat**

MEXICO--round-trip ride strong, final the Rumford Skiers may

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**Flood**

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The Bethel Citizen for complete local news coverage

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## Briefly

### Gym floor to be sanded

**BETHEL**--The gymnasium floor at the Crescent Park Elementary School -- water damaged last month after an errant ball set off the fire sprinkler system -- will not have to be replaced, according to principal David Murphy. Boards that had warped slightly have returned almost to normal, and sanding the floor should be sufficient, Murphy said. The gym is now being used again. The sanding process should take about two weeks, and Murphy said he hopes the work can be scheduled over a vacation period. Had the floor needed replacing, he said, the gym would likely have been unavailable for use for two months.

### Video arcade, pizza shop approved

**BETHEL**--The town Planning Board last week approved unanimously a proposed video arcade in Bethel Station's Casablanca building and a pizza business in the Unicorn Florist building on Route 26. The video arcade is intended primarily for the use of patrons of the Casablanca's movie theater and proposed 100-seat restaurant. The arcade will be open to the public but must be accessed through the restaurant. Planning Board approval was required because the arcade will require an elevator, in order to comply with the Americans With Disabilities Act, and an exterior stairway exit. The board also approved an application for Finish Line Pizza, in the Unicorn building, and a variance that will allow its sign to be 12 feet square, rather than the 10 feet called for in the town sign ordinance. The variance was granted in order to allow the sign to fit on the existing kiosk. Finish Line Pizza seats 11 and will offer home and business deliveries.

### Three indicted in Woodstock assault

**PARIS**--Three Buckfield residents were indicted by an Oxford County grand jury last week on burglary and assault charges, in connection with a Woodstock incident in September. Dennis Duval, 51, Claire Lee Duval, 42, and Joshua Queenan, 20 allegedly entered the home of Edward Gammon Sr., 61, in Woodstock on Sept. 2. They are charged with using dangerous weapons -- namely a splitting maul -- to attack George Robin Noll, 44, also of Woodstock. They also face a second count of aggravated assault for using a dangerous weapon, allegedly an iron pipe, to attack Gammon. Summons have been issued requiring the Duvals and Queenan to appear for arraignment in Oxford County Superior Court.

### Three indicted in woods beating

**PARIS**--Three Rumford residents have been indicted in connection with an incident in which a man was allegedly beaten and left in the woods in Woodstock. Alan Mason, 36, and Pamela Mason, 49, were indicted on charges of kidnapping, aggravated assault, and assault and burglary in connection with the alleged beating and kidnapping of a Rumford man on Aug. 31. Edward Boucher, 19, was also indicted in connection with the same incident, and faces charges of kidnapping, aggravated assault and terrorizing with a firearm. The Masons and a 17-year-old Rumford boy were arrested after Mike Dunlay, 25, of Mexico, was allegedly kidnapped from an apartment and taken to a remote area. Following the beating, Dunlay was able to walk to a camp in Woodstock to call for help. A kidnapping conviction carries a minimum 10-year prison sentence, aggravated assault with a dangerous weapon a five- to 10-year sentence.

### AWD gets another deadline

**ANDOVER**--The Andover Water District has until Jan. 15 to get a new water supply or lose funding for the work, according to trustee Ron Wells. The district is under order from the Environmental Protection Agency to comply with the federal Safe Drinking Water Act. The AWD has received a \$532,000 grant and borrowed \$296,500 from the Farmers' Home Administration to fund a new source to replace the Stony Brook Reservoir. Two representatives from the Maine Rural Water Association met last week with trustees to help in developing a new operating budget.

### NOVA looks for another site

**RUMFORD**--Following the defeat of a proposed \$5.9-million building project on election day, the NOVA Board of Directors will now review new sites and look at some previously considered ones. NOVA is seeking a facility to consolidate the vocational programs now located on four different sites in Rumford and Mexico. A decision on moving at least some of the programs must be made within 30 to 45 days, because work must begin almost immediately on the region's 1997-98 budget, according to director Dewaine Craig.

### CPS gets Blue Ribbon nomination

**BETHEL**--The Crescent Park Elementary School is one of several elementary schools in the state that is under final consideration for recognition by the U.S. Department of Education as a Blue Ribbon School of Excellence, according to principal David Murphy. Final consideration will take place in the spring, when department representatives will come to the school for a review. Criteria for selection include school curriculum, atmosphere and leadership.

### Quick response saves house

**WATERFORD**--An elderly woman escaped her burning home on Route 35 last week when fire erupted around the chimney. Eleanor Blackstone, 74, was not injured in the blaze last Tuesday morning. Firefighters from six towns responded to the call, and were able to save the house. Former Waterford Fire Chief Phil Chaplin, who works across the street from Blackstone's house, called the fire in and then drove a fire truck to the scene from the South Waterford fire station.

### Barth falls short in caucus vote

**AUGUSTA**--Rep. Al Barth (R-Bethel) lost a bid last week to head his party's caucus in the upcoming legislative session. Barth and Joseph Bigl of Bucksport were defeated on the first ballot by Rep. James Donnelly of Presque Isle.

### Skiway employees get bus service

**MEXICO**--Western Maine Transportation this week began a daily round-trip run from Dixfield to Sunday River Ski Resort. Dick Armstrong, finance director for WMTS, said a large number of people from the Rumford area commute each day to the ski resort for their jobs.

Skiers may also use the service. Round-trip fare is \$4.

### Thanksgiving travel at 12-year high

**PORLTAND**--Travelers in Maine will be greeted with higher gas prices this Thanksgiving holiday, according to the American Automobile Association. The current price for regular unleaded self-service gas is \$1.26(3) per gallon. That is 10.4 cents more per gallon than it was last November. Other prices include 89 octane at \$1.35(7) up 11.3 cents from last year, and supreme at \$1.45(5) up 11.8 cents per gallon. Americans are expected to travel in record numbers over the holiday as 31.8 million people -- 3 percent more than 1995 -- plan a trip of 100 miles or more from home. The projections are the highest since AAA began reporting them in 1985.

### Flood insurance available

**PORLTAND**--Flood insurance is available to Maine residents through the National Flood Insurance Program, according to state and federal officials. The insurance covers policyholders even when a flood is not part of a presidentially-declared disaster. Federally-regulated or insured lending institutions require NFIP coverage before they grant loans. While the Federal Emergency Management Agency aids first-time disaster victims, FEMA may not help victims of a second disaster if they were eligible for flood insurance but did not get it. NFIP sets the rates for flood insurance nationally. Any agent licensed to sell property and casualty insurance can provide flood coverage. For more information call 1-800-427-4661.

### From the Bethel Police log:

#### Thief nets \$500 in Big Apple burglary

At 4:35 a.m. on November 22 police were called to the Big Apple on Bridge Street for a report of a theft. The assistant manager told the officer that when she arrived at the store she saw a bottle of mouthwash on the floor. She then went to the rear of the store and found the rear door had been opened and the lock destroyed. Further investigation found that numerous lottery tickets, \$500 in cash and approximately \$400 worth of cigarettes had been taken.

Tuesday, Nov. 19

At 10 a.m. Crescent Park Elementary School asked that police pick up several rounds of ammunition that had been brought in by a student. The student said the ammunition was taken from an empty residence on Route 232 in Bethel. The ammunition was picked up by police.

Friday, Nov. 22

At 12:27 a.m. police responded to a single vehicle accident on the Barker Road in Bethel. The vehicle was on its roof, but no one was injured. A license request on the operator showed it was suspended. Aaron J. Paul, 19, of Bethel was arrested for operating after suspension. While searching the subject, the officer located a small pot pipe with residue. A summons was also issued for illegal possession of drug paraphernalia. Paul was transported to the Oxford County Jail.

Thursday, Nov. 21

At 1:15 a.m. the driver of a vehicle westbound on Route 2 swerved to avoid a deer. The vehicle left the road and slid into the ditch. There was no damage to the vehicle.

At 12:30 p.m. a Route 5 resident reported that five juvenile males on mountain bikes were seen on his property approximately one week ago.

The complainant said he could not identify them. He said they smelled of marijuana and are possibly taking things from his property, but he did not know what. Police advised he call the Sheriff's Office if they returned.

At 7:32 p.m. a Dixfield resident reported he had struck a deer on the Intervale Road. There was no damage to the vehicle. The driver took the deer and tagged it.

Saturday, Nov. 23

At 5:33 a.m. police



Wednesday, November 27, 1996

## Business

Continued from page 1

Bethel has several industries, yet, it is in a modern sense a manufacturer is no foreign element on the outskirts, no corporation tenuously in the broad streets by the long lines of look of prosperous about the nearly-kept sentiment of that sort conspicuously absent in descendants inter-

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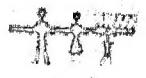
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## ADA AND CHILDCARE

A free workshop for child-care providers will be presented as a three-part series beginning Dec. 2 in the Mechanic Falls Town Office Adult Education Conference Room (3rd floor) 6:30 to 8:30 p.m. Parts II and III will be presented on Dec. 9 and Dec. 16.

Brenda Clough, disabilities coordinator at Central Maine Technical College, will present a framework for child-care providers to use in identifying their compliance responsibilities when caring for a child with a disability. Included in the series will be an overview of the ADA requirements, definition of a "reasonable accommodation" and information about removing architectural barriers that allow a child with a disability to fully participate in a day-care experience. And community agencies whose missions are to identify and serve preschool children with disabilities.

Bethel Services is a project of Community Concepts, Inc., a non-profit community action agency incorporated in 1965 with an all-volunteer Board of Directors. The agency's mission is "to coordinate, collaborate and to focus resources to help people in need build opportunities for a better tomorrow."

**BETHEL FAMILY DENTISTRY**  
  
John R. Mason, D.D.S.  
100 Main Street • P.O. Box 520  
Bethel, ME 04219 • Tel: 207-824-3378  
Fax: 207-824-3378  
By appointment only.  
Monday-Friday 8:00 AM - 4:00 PM  
Saturday 8:00 AM - 12:00 PM

Independent Practice at:  
**ROCKSIDE WHOLE HEALTH**  
100 Main Street • P.O. Box 520  
Bethel, ME 04219 • Tel: 207-824-3378  
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Commercial Office Space for Rent  
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Beautifully groomed  
Fresh green Balsam Fir  
• 10' Tall • \$2 per foot  
Sunday • Dec. 1st • 11-4  
Sat. & Sun. Dec. 7, 8, 14 & 15  
12 Noon - 4 PM  
at Upton, Maine  
on the Andover Road  
Follow signs from Route 26  
for information  
call  
Avery Antevine  
824-2775

**Bethel Area Health Center**  
Railroad Street, Bethel  
24-2193 • 800-287-2292  
outside of Bethel Area  
Monday 8 am - 8 pm  
Tuesday-Friday 8 am - 5 pm  
Saturday 8 am - 12 noon  
Richard DeCarolis D.O. \*  
Kevin Finley, D.O. \*  
Jan Whitworth, P.A.-C.  
Michael Poirier, P.A.-C.  
Family Practice  
-Pediatric  
-Adolescent  
-Adult  
-Gynecology  
-Geriatric  
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*North Newry*by  
Gil Seeley

Hello! On Wednesday, Nov. 13, Sadie Gallant from Andover hit a moose on the East B Hill way home. Her windshields were smashed, but she's escaped unharmed. Wish everyone a Happy Thanksgiving Day at noon.

haven't stopped in to Star Cafe in Errol, should. It's pleasantly staff greets you with a food is well prepared. Upton, enjoys stomers feel at home. even seven days a week and lunch.

have been weighed-in Trading Post for the

few inches of snow in, so come on up kick 'em down.

should be in soon, so

stop in and pick up

helped Frank Pooler a 203-pound handsome our wheeler on Saturday. Thanks, Jim, and Frank!

Angevine holds the at 235 pounds. ave until the 30th to enter.

enters that brought in on are: Gary Pooler, Terry Veronick, 190-10 Errol, 140-6 point, 145; F.J. 195-8 point; Troy Scott, Nicols, 144 and Jim Nicols Sr., both prizes will go to the best Buck and Heartest. will be announced

ing season ends the change over to their Monday-Wednesday,

4:30 p.m.; Thursday to 9 p.m.; Sunday,

of Errol Public Library purchase raffle is

The drawing is Nov.

Trading Post is

s. You can win scratch tickets, so hurry

\$10 donations have

00 tickets; \$15 dona-

tions prize of 600 tickets,

now have first prize of

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*Agnes Gray School*by  
Marta Clements

Lots of interesting activities have been taking place this week. One of the most exciting programs to occur was the Northern Stars Planetarium. John Meader brought his huge, portable planetarium and set it up in the gym. Three programs were presented and all classes participated.

It is a real planetarium, and Mr. Meader is a very knowledgeable presenter. We were totally awed by all we saw and learned. We definitely want to have him come back and see what other programs are available.

Thanks go to our parent volunteer group for funding this program.

The first-graders are well prepared for Thanksgiving. They have been studying about Pilgrims and Indians in all areas of the curriculum.

They celebrated all this work with a Thanksgiving dinner, which they shared with the kindergarten class. With the help of many parents, they made pumpkin bread, apple turkeys, and cooked a real turkey with all the fixings right down at the Legion Memorial School. Now they are looking forward to their family Thanksgiving at home.

The second-graders have written two Thanksgiving stories. One is about the First Thanksgiving, and the second is about Thanksgiving today. These stories will go home to be shared with their families over the Thanksgiving holiday.

The third-graders are welcoming a new classroom. Joshua Biebel, Josh, arrived to care for all our boarders, visitors and special events. The third-graders are studying immigrants. They will be looking at immigrants and reading home country stories on the map. They will be interviewing immigrants and people who share immigrations.

The fourth-graders have been reading their world movements and preparing to leave for the project. They chose to have our trip to show how they will take a world tour. Some were very unprepared. They are continuing with independence in math. Magnetism in science are learning about different types of forces in their Maine

Studies unit.

In Grade 5 Mr. Burke's two social studies classes were working on a space colonization project that was presented on Monday. The study of the colonization of North America is next. In language arts, the class is working on sentence analysis skills using diagramming and enjoying it.

All of us are becoming involved in a program dealing with problem solving and finding positive solutions. It is called "Conflict Resolution." Hopefully you will be hearing about it as the children begin to resolve some of their day-to-day issues. This approach has already been started in many other schools and is meeting with success. My class has completed the first three lessons. We have written our letters to men and women in the service who won't be home for Christmas, and sent them to one of the addresses from Operation Dear Abby. The boys and girls wrote very thoughtful and caring letters. I am proud of them.

The sixth-graders have lots of projects due before Thanksgiving. Don't forget to get them in! Mr. Koch has been encouraging his students to tell him when they see a connection from one subject area to another, or from one learning to another. In math they have studied Roman numerals to make a connection with their study of Ancient Rome. They watched a video on Mt. Vesuvius and Pompeii.

Don't forget to bring in bottles and cans for our Christmas for Kids project. We have boxes in the hallway for plastic, cans and glass. We will be collecting through Dec. 13.

Mark Dec. 18 on your calendar. That will be our Christmas concert. Due to last year's disappointment because of a snow day, we have set a snow date of Dec. 19. The parent volunteer group will be holding a 50/50 drawing that night, and the lucky winner of a Christmas basket will be drawn. Watch for tickets coming home.

There will be no parent volunteer meeting in December. The next one will be Tuesday, Jan. 14, 1997.

Winter and cold weather are fast approaching. We would like to remind the boys and girls to dress appropriately, and it would be a good idea to put names inside hats, mittens, jackets, etc.

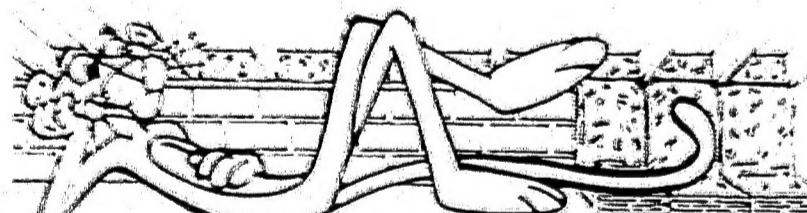
Happy Thanksgiving! See you in a couple of weeks.

**COMPART SCHOLARSHIP**

Compatriot Alford graduate of Gould Academy and Native of Somerville, now a 12th grader at Somerville High School, has just been awarded a \$1,000.00 scholarship for her participation in the Somerville High School's Model UN program.

Alford, a junior this year, has been involved in the Model UN since its inception in Mr. James and Mrs. Billie Compart. Their goal of raising \$10,000.00 covered the cost of international travel to Geneva, Switzerland via a grant from the National Model UN Organization. Training sessions were held at the Model UN offices in New York City. The Model UN is a simulation of the United Nations and through the Model UN students learn about the political, social and cultural structures of the world.

The Model UN is a non-governmental organization.

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R-19 FIBERGLASS INSULATION

**ROBERTS**

John Roberts, son of Mr. and Mrs. H. John Roberts, recently completed basic training at Marine Depot, Parris Island, a 1996 graduate of Buck School.

**ROBERTS**

John M. and William Jr., of Bethel, completed basic training at Training Command, Great Lakes, a 1993 graduate of Telstar.

**M. HAWKES**

Cadet Sean Hawkes, son of David Hawkes of Litchfield, recently completed basic training at Training Command, Great Lakes, a 1996 graduate of Telstar.

**NDA HUARD**

Amanda L. Huard has completed basic military training at Fort Jackson, S.C. She is the daughter of Jean and Charles Andover, a 1995 graduate of Mountain School.

**NOTHAMS**

Cham of Bryant Pond is member of the Maine Army National Guard Det. 1 Co. C 133d Battalion, located in Norridgewock.

serve as a carabiner for the unit, and will attend Telstar High School, located in Farmington, in February and basic and advanced courses.

**K**

uke of West Bethel was one of the freshman cadets who underwent three months of training at Norwich University. He was in military etiquette and close order, nursing major at the

**OST TOURNAMENT**

High School will host its Thanksgiving basketball tournament Saturday, Nov. 30. The schedule for the day is as follows: Game 1 (Buckfield vs. Telstar) 12 p.m.; Game 2 (Buckfield vs. Telstar) 1:30 p.m.; loser game 1 vs. loser game 2 (winner game 2) 4:30 p.m.

Results from the tournament will be published in the Rebel basketball program.

**COLOGY**

iology of the North Woods Look at Winter is a slide-lecture to be given by Chris Lewey of Raven Wildlife on Wednesday, Nov. 26, from 7-9 p.m. at Telstar High School in Farmington.

Informational and visual presentations begin at the summit of Mount Washington, descending into the blanket of snow, where a look at wildlife, plants and mammals of the area. To register, call the information office at Telstar, the fee is \$5.

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Wednesday, November 27, 1996

The Bethel Citizen

Page Nine

# TELSTAR Winter Sports Schedule



## TELSTAR REGIONAL HIGH SCHOOL '96/'97 NORDIC SKI SCHEDULE

DATE	SITE	Competition	Technique	TIME
<b>December</b>				
Saturday 21	Sugarloaf	Many	FR	11:00
<b>January</b>				
Saturday 4	Leavitt	Many	CL	11:00
Wednesday 8	Markinsook	Many	FR	3:00
Saturday 11	Jay	Many	FR	12:00
Wednesday 15	Telstar	Mr. On Mt. B.	CL	3:00
Saturday 18	Monadnock	Many	FR	TBA
Wednesday 22	Lost Valley	E. Little	CL	3:00
Saturday 25	Telstar	Many	FR	REPLAYS 10:00
Wednesday 29	Titcomb	Many	FR	3:30
<b>February</b>				
Saturday 1	Black Mountain	Many	FR	CL TBA
Wednesday 5	Black Mountain	MVC	CL	TBA
Saturday 8	Black Mountain	MVC	FR	TBA
Wednesday 12	Telstar	MVC	CL	TBA
Mon-Wed 17-19	Telstar	State A	FR	TBA
Thur-Sat 20-22	Telstar	State C	FR	TBA

## TELSTAR HIGH SCHOOL JR VARSITY BASKETBALL 1996-1997

DATE	TEAM	JV Girls	JV Boys	TIME
<b>December</b>				
Friday 2	Bethel	Away	Home	4:30
Friday 6	George Valley	Home	Away	5:30
Saturday 7	Dixfield	Away	Away	5:30
Monday 9	Hall-Dale	Away	Away	5:30
Tuesday 10	Lewiston-Fairfield	Home	Home	5:30
Friday 13	Mt. Abram	Home	Away	5:30
Monday 16	Leavitt	Away	Away	5:30
Tuesday 17	Bethel	Home	Home	5:30
Wednesday 18	Buckfield	Away	Away	5:30
Thursday 19	Leavitt	Home	Home	5:30
Saturday 21	Bethel	Home	Home	5:30
<b>January</b>				
Thursday 2	Lewiston-Fairfield	Home	Home	5:30
Saturday 4	George Valley	Home	Home	5:30
Monday 6	Lisbon	Away	Away	5:30
Tuesday 7	Mt. Abram	Home	Home	5:30
Thursday 9	Bethel	Away	Away	5:30
Friday 10	Bethel	Home	Home	5:30
Monday 13	Carrabec	Home	Home	5:30
Wednesday 16	Madison	Away	Away	5:30
Thursday 17	Leavitt	Away	Away	5:30
Saturday 18	Leavitt	Home	Away	5:30
Monday 20	Jay	Home	Away	2:00
Thursday 23	Gorham, NH	Home	Home	4:00
Friday 24	Hall-Dale	Away	Away	5:30
Monday 27	Lewiston-Fairfield	Away	Away	5:30
Tuesday 28	Lewiston-Fairfield	Away	Away	5:30
Wednesday 29	Buckfield	Home 1st	Home	5:30
Thursday 30	Lisbon	Away	Away	5:30
Friday 31	Lisbon	Home	Home	5:30
<b>February</b>				
Monday 3	Mt. Valley	Home	Home	5:30
Tuesday 4	Mt. Valley	Home	Home	5:30
Thursday 6	Winthrop	Home	Home	5:30
Friday 7	Winthrop	Home	Home	5:30
Tuesday 11	Gorham, NH	Away 1st	Away	4:00

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## MIDDLE SCHOOL 1997 ALPINE SCHEDULE

### January

Jan. 3 Slalom - Telstar Vs. Auburn at Lost Valley 4:30 PM under lights  
Jan. 8 Giant Slalom - Telstar Vs. Lakes Region at Sunday River 3:00 PM  
Jan. 15 Giant Slalom - Telstar Vs. Falmouth at Sunday River 3:00 PM  
Jan. 20 Giant Slalom - Telstar Vs. Mt. Valley at Sunday River 3:00 PM

### February

Feb. 5 Giant Slalom - Telstar Vs. Oxford Hills at Sunday River 3:00 PM

## TELSTAR MIDDLE SCHOOL, JR VARSITY BASKETBALL 1996-1997

### DATE TEAM JV Girls JV Boys TIME

DATE	TEAM	JV Girls	JV Boys	TIME
<b>December</b>				
Wednesday 4	Mt. Valley	Home	Away	3:30
Friday 6	Tipp	Away	Away	4:00
Monday 9	Dirigo	Away	Home	4:00
Wednesday 11	Livermore Falls	Away	Away	4:00
Monday 16	Berlin	Away	Home	4:00
Wednesday 18	Oil City	Away	Away	3:30
<b>January</b>				
Monday 6	Gorham, NH	Away	Away	4:00
Tuesday 7	Buckfield	Away 1st	Away	3:30
Wednesday 8	Buckfield	Away	Away	3:30
Monday 13	Mt. Valley	Away	Home	4:00
Tuesday 14	Tipp	Away	Away	4:00
Tuesday 21	Dirigo	Home	Home	4:00
Wednesday 22	Jay	Home	Home	4:00
Monday 27	Mt. Blue	Away	Away	4:00
Tuesday 28	Buckfield	Home	Home 1st	4:00
<b>February</b>				
Wednesday 1	Bethel	Away	Away 1st	3:30
Wednesday 3	Dirigo	Home	Home 1st	4:00
Wednesday 4	Leavitt	Away	Away	4:00
Wednesday 5	Bethel	Away	Away	4:00
Wednesday 6	Leavitt	Away	Away	4:00
Wednesday 11	Bethel	Away	Away	4:00
Wednesday 12	Andy	Away	Away	TBA
<b>Sandy/Andy Tournament</b>				
Wednesday 13	1st & 2nd 8 at 8, 5 at 4, at higher seed			
Wednesday 14	Semi-Final 8 at 8, 5 at 4, at higher seed			
Wednesday 15	Charlene 8 at 8, 5 at 4, at higher seed			
Wednesday 16	Charlene 8 at 8, 5 at 4, at higher seed			
Wednesday 17	Charlene 8 at 8, 5 at 4, at higher seed			
Wednesday 18	Charlene 8 at 8, 5 at 4, at higher seed			
Wednesday 19	Charlene 8 at 8, 5 at 4, at higher seed			
Wednesday 20	Charlene 8 at 8, 5 at 4, at higher seed			
Wednesday 21	Charlene 8 at 8, 5 at 4, at higher seed			
Wednesday 22	Charlene 8 at 8, 5 at 4, at higher seed			
Wednesday 23	Charlene 8 at 8, 5 at 4,			

**CELEBRATING THE SOLO**  
 Jonathan Early (shirtless) celebrated his 16th birthday Sunday by making his first solo flight. Jon is now the youngest pilot to be certified by Bethel Flight Academy. Here he is joined by flight instructors (from left) Steve Whitney, David Rugoletti, and Ed Hemmy.

(Photo by Pat Early)

## Jon Early celebrates 16th soloing in the wild blue yonder

On Sunday, Nov. 24, 42 well-wishers gathered at Bethel Air Service to see Jonathan Allen Early, 16, become the youngest and the first student to be certified out of Bethel airport by Bethel Flight Academy's owner, David Rugoletti, CFI.

In 1994, at age 13, Jon performed an unassisted landing with Steve Whitney, co-owner of Bethel Air Service -- but the law states you must be 16 to fly alone.

Sunday, Jon and Dave flew five practice take-offs and landings prior to the solo flight, and finally the big moment arrived.

Jon saved the shirt from his previous flight two years ago, and wore it this time for luck. Following his flight the shirt was polished up for a t-shirt and it now adorns the airport wall for all to see.

As soon as Jon was airborne, his mother, Patricia Early, with help from friends, prepared the inside of the airport office for a surprise birthday celebration. The following people joined in the fun: Abby, the dog; mom;

From Everett Pond, his grandmothers, Joann B. Allen; Heather

Virginia, Tammy, T.L., and Taylor Kelly; Mabel Cusack; and many

Stacy Bilodeau; and Valerie Elmore. The Bethel area included Mr. and Mrs. Robert Folsom; Nathan Wight; Edwin and Musa Brown; Curtis Wilson; Christine Larson; Mary Smith; Steve Whitney; David Rugoletti; Iola Bradley and Pat Early.

Gould Academy coaches Jeff Yingling and Kevin Leighton, accompanied by Jen Allard, Pete Girard, Eric Hanian, Martin Odlin, Carolyn Pearson, and Sho Shimoda, all fellow teammates from the freestyle ski team, arrived and shook his hand.

Other area and out-of-state friends included Dawn and Joey Tanguay, West Minot; Jillian, J.T. and Tracy Poland of Rumford; Pam Duquette, Nashua, N.H.; Steve Rugoletti and Kathleen Boubier, Manchester, N.H.; Ed, Kathy and Max Hemmy, Cleveland, Ohio; and Doug Hoeschele, pilot recruitment manager for Continental Express, Houston, Texas. (No job offers have been received yet.)

The event was summed up by Joey Tanguay, 2, of Minot: "Good job, Jonathan."

From the  
**Bethel Bicentennial Committee**

Belated congratulations are in order for Sally Taylor, whose barn poster project took first place at Fryeburg Fair's Photographic Contest.

There are some of these award-winning posters still available, and they are ideal keepsake gifts for the holidays, as well as the other items of Bicentennial memorabilia.

If someone on your list would appreciate such a gift, they can still be found at the Town Office, Bethel Area Chamber of Commerce, Maine Line Products, Village Sampler, and Bethel Historical Society, where also there are available mailer tubes for a small additional fee.

The price of the posters is \$10.

Printing of the Bicentennial Yearbook will be after the first of the year, and they will not be available for Christmas.

However, for those who wish to purchase one as a gift, details are being worked out so that a printed certificate may be given in its stead, redeemable upon release of the yearbook.



Small change  
can make a big  
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# HEALTHY LIVING



## Tis the Season to be Stressed

by Janet Willie - Certified Massage Therapist  
Therapeutic Massage

Stress is our physical and emotional response to the demands of life. And the demands we put on ourselves during the Holidays have a tendency to kick stress into high gear.

Through the Holidays we experience an array of emotional states from joy to grief. It is helpful to remember that there is a difference between feeling these emotions and reacting to these emotions. It is important to incorporate simple methods into our daily lives to help reduce the destructive effects of accumulated stress. Allowing yourself the time and space we need to restore a sense of balance within is usually a saving grace.

Meditation, or conscious breathing, is one of the most powerful methods for giving us a sense of calm among the storm usually found inside of our minds. Meditation can be as simple as focusing into the sound, feel, and quality of our breath, for one to twenty minutes.

An easy format to follow is to sit comfortably. Place the tip of your tongue on the roof of your mouth, just behind your front teeth. Keep your tongue in this position throughout the exercise. Exhale your breath with a whooshing sound. Breath in slowly through your nose for the count of 4. Hold your breath for the count of 1. Slowly and evenly exhale through your mouth for the count of 8. Repeat this pattern four times. This can be done several times throughout the day. Conscious breathing has a tonic effect on our body's nervous system and meditative breathing continues to be proven effective in the stress reduction and healing of many illnesses, anxiety, and depressions.

Allowing ourselves the time is the key ingredient in stress reduction. Allow yourself the gift of well being this holiday and every day!

## Things That Go Burp in the Night Holiday Overindulgence Can Lead to Nighttime Heartburn

**GERD** (Gastroesophageal Reflux Disease) is a condition that occurs when the valve between the stomach and esophagus fails to close properly. Acid from the stomach backs up into the esophagus, causing heartburn and other symptoms.

For those who are prone to GERD, it is best to avoid foods that trigger the condition. These include citrus fruits, spicy foods, and fatty foods.

**More Than a Nuisance** GERD can be a persistent and uncomfortable disease if not treated effectively. About 10% of adults over 40 experience the symptoms of heartburn on a weekly basis.

Many people, however, find that heartburn wakes them at night and is a constant source of discomfort for which antacids provide little relief. If neglected, it can lead to an inflamed esophagus and bleeding and narrowing of the esophagus, which may result in difficult swallowing.

**Causes of Nighttime Heartburn**

GERD and heartburn are "motility" disorders - those that affect the movement of food through the digestive system. Three factors involve-

ing the development of heartburn:

- Not chewing food enough to initiate the release of stomach acid.
- Not drinking enough water to dilute the acid.
- Not eating enough fiber to move food through the digestive tract.

**Some Holiday Tips**

For those who are prone to heartburn, symptoms of GERD may be triggered by:

- Not chewing food enough to initiate the release of stomach acid.

- Not drinking enough water to dilute the acid.

- Not eating enough fiber to move food through the digestive tract.

For more information, or to find out about the Healthy Directions lifestyle modification program, please call 1-800-431-7614.

Bethel Family Dentistry

## October Cavity Free Club

Submitted by: Dr. John R. Mason, D.D.S.

Congratulations to all the following children  
who exhibited excellent homecare.  
Keep up the good work!



Andrew Gould	Nathan Pearl
Melissa Toher	Michael Fleet
Anna Haberman-Fake	Casey Fleet
Kallie Brown	John Reuter
Michael Lyden	Allie Petillo
Kassandra Haines	Matt Petillo
Kassi Putnam	Adam Tanguay
Amanda Putnam	Mark Tanguay
Matt Zinchuck	Amy Gaidis
Kevin Zinchuck	Nicole Gaidis
Brian Zinchuck	Sarah Baker
Daniel Zinchuck	Tommy Conroy
Avery Hoddinott	Tonya Hebert
Barrett Sinnett	Lacey Hebert
Chris Mejias	Ben Nichols
Carmella Glazier	Jamie Nichols
Billy Murphy	Peter McGuire
	Sarah Dayon
	Kiley Clement

## What is Polarity Energy Therapy?

by Emily Ecker, L.S.W., Certified Polarity Practitioner

### What is Polarity Energy Therapy?

It is based on the theory that there are very subtle energy currents flowing through our bodies.

These currents help maintain our health and are part of our internal healing system.

Any kind of stress can block these currents and inhibit the body's ability to resist illness and to heal itself.

Polarity Therapy helps to revitalize these energy currents and strengthen the immune system, promoting health and wellness.

Essentially, it is like recharging your body's battery.

### What is a session like?

A session usually lasts 1 hour, on a massage table

It usually begins with a head/neck/shoulder massage, where many of us hold daily stress.

Next, the feet are massaged, utilizing foot reflexology techniques.

Then working with pressure points along energy pathways, and other forms of energy and massage work individualized to your needs.

### What are the benefits?

You leave the session feeling relaxed and renewed, with a new sense of enthusiasm and mental clarity.

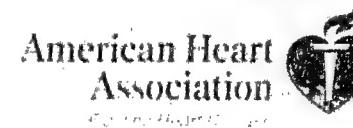
Polarity is helpful for a wide variety of physical challenges such as migraines, arthritis, cancer and injuries.

It helps people who are healthy to maintain their sense of well-being, and strengthen their life-goals.

I also enjoy working with people who are dealing with significant transitions in their lives.

And, Polarity is for anyone who wants to treat themselves or a loved one, to a deeply relaxing experience.

*The body cannot heal itself until we give it time to relax!*



## Help Your Heart Recipes

This recipe is intended to be part of an overall healthy eating plan. Total fat intake should be less than 30 percent of your total calories for a day - not for each food or recipe.

### Cranberry-Orange Salad

- |                          |  |
|--------------------------|--|
| 1 8-ounce package Jell-O | 1 16-ounce jar cranberry-orange relish |
| gelatin                  | 1 unpeeled apple, chopped              |
| 1 cup boiling water      | cup chopped pecans                     |
| 1 cup orange juice       |  |

Combine gelatin in boiling water. Add cranberry relish; let stand in refrigerator until almost jelled.

In a bowl, combine cranberry-orange relish, chopped apple and pecans. Fold into the almost-jelled mixture. Pour into a 1-quart mold. Cover and refrigerate until firm. Serves 10.

### Nutrient Analysis per Serving

171 kcal	Calories	0 mg	Cholesterol	0 gm	Saturated Fat
2 gm	Protein	42 mg	Sodium	1 gm	Polyunsaturated Fat
34 gm	Carbohydrate	4 gm	Total Fat	3 gm	Monounsaturated Fat

This Help Your Heart Recipe is from the *Help Your Heart Cookbook, Fifth Edition* American Heart Association. Published by Times Books, a Division of Random House, Inc. 1973, 1975, 1979, 1981, 1991.

## LOOKING GOOD

## Smile Contest Goes Platinum

ENTER YOUR SMILE pictures and win great prizes.

Prizes include a trip to your most favorite destination, submit a photo of your smile and you could win a trip to the *2000 State of the Union Smile Competition*. This national smile search being conducted by *Oral-B* and *Colgate-Palmolive*.

To receive an entry form, send a self-addressed, stamped envelope to *Oral-B*, P.O. Box 4000, Marblehead, MA 01945. Deadline for entries is Dec. 31, 1996.

With a top photographer and the chance to appear in a *Platinum* advertisement in *Entertainment Weekly*.

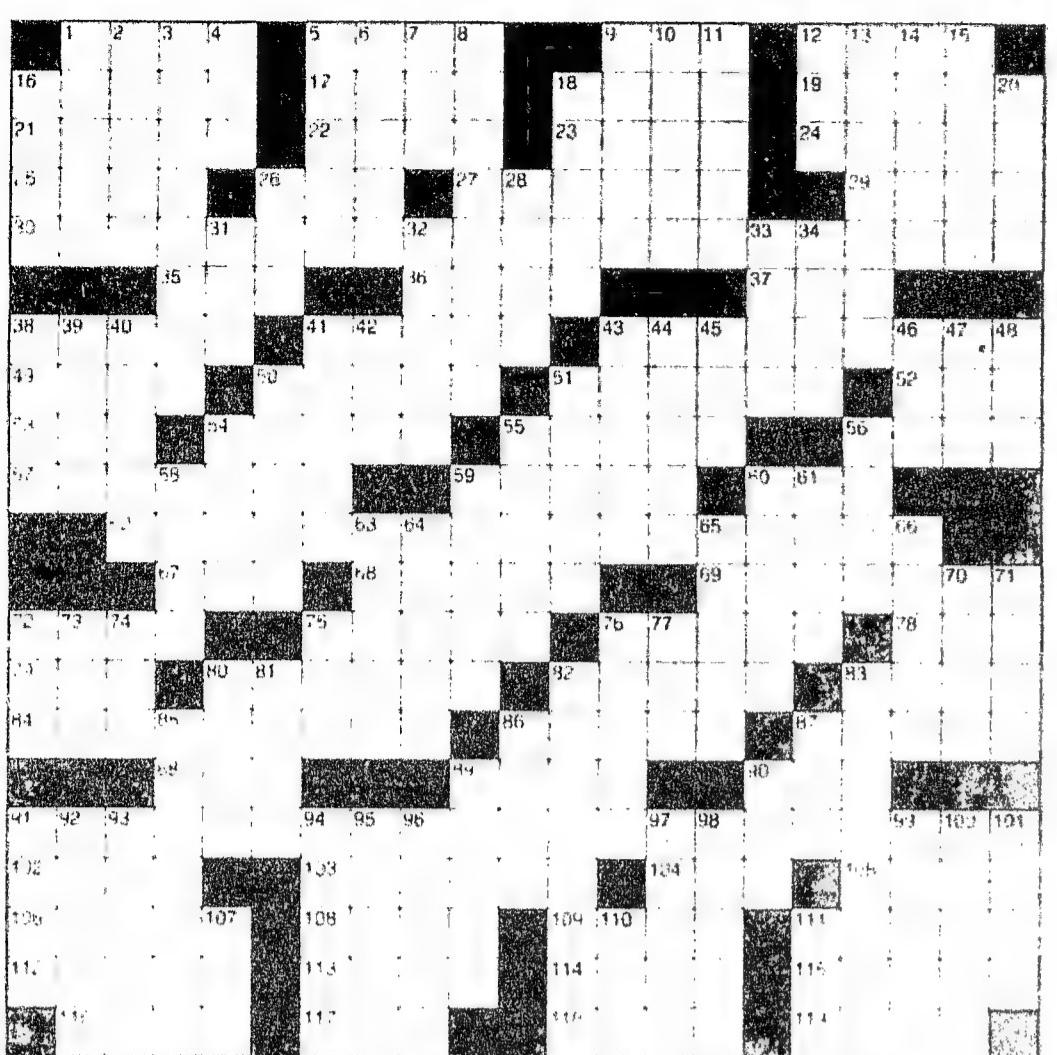
Other prizes include a trip to a day spa, platinum jewelry and a year's supply of *Platinum* toothpaste.

To receive an entry form, send a self-addressed, stamped envelope to *Oral-B*, P.O. Box 4000, Marblehead, MA 01945. Deadline for entries is Dec. 31, 1996.

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## Super Crossword

**ACROSS**

- 1 Completed
- 5 Sour stuff
- 9 Nonpart
- 12 Antelope antelope
- 16 Intergalactic
- 17 Separate Gal
- 18 Chap off
- 19 As you like it setting
- 21 Adm.
- 22 Author Anita
- 23 Lure in lava
- 24 Big Free
- 25 Cut
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THURSDAY EVENING NOVEMBER 28, 1996										
7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
(3) Seinfeld	Mad-You	Movie: "Herbie Goes Bananas"		News	Martin	Mad-You	Real TV			
(5) Movie: "Yours, Mine and Ours" Cont'd	Carson Anniversary			700 Club		Three Stooges				
(6) Home Imp.	Seinfeld	Movie: "Home Alone"		ER		News				
(8) Fortune	Jeopardy!	Home Imp.   Dukakis   Celebrate the Dream: 50 Years of Ebony Magazine				News				
(10) News-Lehrer	Marie	Name	Mystery!	Great Railway Journeys	Chef	Red Green				
(11) Sportsctr.	Kickoff	Up Close Special	College Basketball: Kentucky vs. Syracuse		Sportscenter					
(12) Dukes of Hazzard	Everly Brothers	Evening of Country Greats: Hall of Fame		Dallas						
(13) Ent. Tonight	Movie: "My Fair Lady"			News						
(14) Cuttles	Skateboarding	Cycling	Motorsports Hour	Cycle World	Powerboat	Adventure				
(15) Movie: "National Lampoon's Christmas Vacation"	Movie: "The Mangler"			Inside the NFL						
(17) Movie: "An American Tail"	Movie: "Hocus Pocus"		Movie: "A Walton Thanksgiving Reunion"							
(18) Only the Lonely" Cont'd	Movie: "Discipline"		Movie: "Breach of Trust"							
(20) Front Row	Bowling: ABC World Team Challenge	NBA Action	Front Row	FOX Sports News	FOX Sports News					
(21) "A Home of Our Own"	Movie: "The Color Purple"					Mysteries				
(22) Flintstones Christmas	Grinch	Movie: "A Christmas Story"		Movie: "Spencer's Mountain"						
(24) Kablam!	Kablam!	Happy D	I Love Lucy	Munsters	M.T. Moore	Rhoda	Taxi	Odd Couple		
(25) Oklahoma!" Cont'd	Movie: "Life With Father"			Movie: "Oklahoma!"						
(26) Movie: "Crocroonie Dundee II"		Movie: "Field of Dreams"		Movie: "Sixteen Candles"						
(27) Equalizer	Biography			Mysteries of the Bible	Law & Order					
(32) Night Heat	Baretta		BJ and the Bear	News	Fugitive					
(34) Fam. Mat.	Buzz!	Movie: "The Rescuers"		Wiseguy						
(39) Moneyline	Crossfire	Prime News   Politics	Larry King Live	World Today	Sports	Moneyline				

SUNDAY EVENING DECEMBER 1, 1996										
7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
(3) Movie: "Passport to Murder"			Viper		News	M.A.S.H.	Babylon 5			
(5) Movie: "Christmas Every Day"				Columbo	Caution -- Murder Can Be Hazardous					
(6) Dateline		3rd Rock	Movie: "Jurassic Park"							
(8) Videos	Videns	Vanessa Williams	Movie: "Suddenly"							
(10) National Geographic	Nature		Masterpiece Theatre	Masterpiece Theatre						
(11) NFL Primetime	NFL Football: New England Patriots at San Diego Chargers					Sportscenter				
(12) Sportsman	Outdoors	Go Fish!	Outdoors	Championship Rodeo	Race Day	Race of the Week	Road			
(13) 60 Minutes	Touched by an Angel	Movie: "Calm at Sunset"								
(14) Women's College Basketball	Vanderbilt at Virginia	College Soccer	NCAA Div. I Second Round -- Teams TBA			Celtics				
(15) And the Band Played On	Movie: "46 HRS."		Movie: "Rebound -- The Legend of Earl The Goat Marignault"							
(17) Movie: "A Mom for Christmas"		Special Evening With Elton John	Robin's Diary: A Journey Into AIDS							
(18) Dr. Jekyll and Mr. Hyde	Movie: "Strange Days"		Movie: "Portraits of a Killer"							
(20) Skiing	Skung	Women's College Volleyball				FOX Sports News	FOX Sports News			
(21) Without Warning: Terror	Movie: "White Mule"		Intimate Portrait							
(22) National Geographic Explorer		Grt.-Gold Heist	Frontiers			National Geo.				
(24) Rugrats	Rugrats	Rugrats	Happy D	Munsters	Odd Couple	Taxi	Van Dyke	Newhart		
(25) City-Sea	Attractions	Those Daring Young Men in Their Jaunty Jalopies	Movie: "Magnificent Obsession"							
(26) Movie: "Big" Cont'd	Pacific Blue	Silk Stalkings	Big Easy			Silk Stalkings				
(27) Ancient Mysteries	Las Vegas: Gamble in the Desert	America's Castles	StrgDope	StrgDope						
(32) Night Heat	Baretta	BJ/Lobo	News	Matters	Fugitive					
(34) Brotherly	Brotherly	Parent	Harvey	Unhappily	With Roger	News	Replay	Night Court	Sinbad	
(39) Capital	Crossfire	Prime News   Politics	Larry King Live	World Today	Sports	Moneyline				

FRIDAY EVENING NOVEMBER 29, 1996										
7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
(3) Seinfeld	Mad-You	Movie: "Triumph of the Spirit"		News	Martin	Mad-You	Real TV			
(5) King Kong Lives! Cont'd	American Bandstand 40th Anniversary		700 Club	Three Stooges						
(6) Home Imp.	Cont'd	Movie: "The Mighty Ducks"	DateLine	News						
(8) Fortune	Century	Fam. Mat.	Bay-World	Sabrina	Clueless	20/20	News			
(10) News-Lehrer	Wk. Wk.	Keep Up	Mr. Bean	Wait God	'Alio, 'Alio!	Served	Red Green			
(11) Sportsctr.	College Basketball: Pittsburgh at North Carolina	College Basketball: Chase NIT Championship			Sportsctr.					
(12) Dukes of Hazzard	Championship Rodeo	Prime Time Country	News	Club Dance	Dallas					
(13) Ent. Tonight	Real TV	Best-Accred Reindeer	Figure Skating	Ice Wars -- USA vs. the World	News					
(14) NBA Basketball: Houston Rockets at Boston Celtics	NBA Action	Celtics	Players	Football	Football					
(15) NHL Hockey: NY Rangers at Boston Bruins	Movie: "The Chair"									
(17) Movie: "All Dogs Go to Heaven"	Movie: "The Shaggy Dog"		Movie: "The Ugly Rachshund"							
(18) Movie: "The Nutcracker" Movie: "Last of the Doormen"	Movie: "Tommy Boy"									
(20) Frosty W. Atk. Hocky: Portland Winterhawks at Springfield Falcons	Hockey Wk.	FOX Sports News								
(21) Movie: "M. P. H. Heaven"	Movie: "Nothing but Trouble"									
(22) Movie: "H. H. H. Heaven"	Movie: "The First Year"		Movie: "Dirty Harry"							
(24) Movie: "M. P. H. Heaven"	Movie: "The First Year"		Movie: "Love Lucy"	Munsters	M.T. Moore	Rhoda	Taxi	Odd Couple		
(25) Movie: "H. H. H. Heaven"	Movie: "The First Year"		Movie: "Never Say Goodbye"							
(26) Movie: "The First Year"	Movie: "The First Year"									
(27) Equalizer	Biography	Science of Star Trek	Biography							
(32) Night Heat	Baretta	BJ and the Bear	News	Fugitive						
(34) Fam. Mat.	Buzz!	Movie: "The Mean Season"	News	Wiseguy						
(39) Moneyline	Crossfire	Prime News   Politics	Larry King Live	World Today	Sports	Moneyline				

MONDAY EVENING DECEMBER 2, 1996										
7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
(3) Seinfeld	Mad-You	In House	Malcolm	Goodie Bah.	Sparks	News	Martin	Mad-You	Real TV	
(5) Waltons		Highway to Heaven		Rescue 911		700 Club				
(6) Home Imp.	Seinfeld	Family Matters	Mr. Rhodes	Movie: "The Prosecutors"						
(8) Fortune	Jeopardy!	Billy Graham Crusade	NFL Football: San Francisco 49ers at Atlanta Falcons							
(10) News-Lehrer	True North	Vinalhaven			Travel Mag.	Chef	Red Green			
(11) Sportsctr.	NFL Prime Monday		Figure Skating: Professional Legends			Bloopers	Sportsctr.			
(12) Dukes of Hazzard		CMT Presents-Concerts</td								

# ALMANACK QUIZ FOR DECEMBER

The December page of the Pocket Almanack, 1796, is open. This quest to understand more about documents and people we have celebrated this year reminds me of another reputed quest which I used to love: "Avalon." It was this: Back in the 1960s, a bus full of Pine Tree 4-H'ers went to Washington D.C. At the dark night, after their conferences for the day were finished, they persuaded their leaders to take them trekking through the city on the trail of John Wilkes Booth. Our trek to 1796 has been like that, the footprints worn, the paths narrow and twisted. But it has been an unexpected, interesting and challenging venture.

## The quiz about December 1796:

- By what name do we know the event of Dec. 6, 1773?
- What are the initials "E. I." represent?
- On what day of the week did Christmas occur?
- Who distinguishes St. Stephen?
- What event on the calendar commemorates Matthew 2:16?
- Two infrequent astronomical events this month were?
- The Treaty signed Dec. 2, 1794, came how long after the Last Indian Raid here?
- What may have been significant about the Stockbridge Indians as participants in this treaty?
- On September 6, 1796, the West Parish Congregational Church was formed. It was not until 1799 that they finally settled the Rev. Daniel Gould as their pastor. The Gould Academy archival collection in the Pocket Almanack(s) includes volumes to 1799, and no later one until 1807. And that is another story.

## My answers to the November Quiz:

- Cecilia is patron saint of music.
- Clement was the first of the Apostolic Fathers.
- Andrew was the apostle.
- Catherine was an Italian ascetic.
- Six Nations: Oneida, Cayuga, Mohawk, Seneca, Onondaga, Tuscarora.
- The Iroquois who had gradually moved northward were the Sixth Nation, joining the Five Nations of the Iroquois Confederacy.
- The morning star Venus is in its inferior conjunction.
- Sirius is the astronomical name for the "dog star."
- "Advent" signals the "coming toward" of the birthday of Christ.
- A feature of the Bethel Bicentennial celebration the monthly Almanack Quiz is based on the Pocket Almanack, 1796 used by the Rev. Daniel Gould. The quizzes are developed by Natalie Timberlake.

## DECEMBER 1796, begins on Thursday.

First quarter 7th day 11 in the morning.  
Full Moon 14th day 9 in the morning.  
Last quarter 21st day 2 in the morning.  
New Moon 29th day 1 in the morning.

Remarkable Days, &c.

M	W	F	S	Sa	Su
1	5	9	13	17	21
2	6	10	14	18	22
3	7	11	15	19	23
4	8	12	16	20	24
5	9	13	17	21	25
6	10	14	18	22	26
7	11	15	19	23	27
8	12	16	20	24	28
9	13	17	21	25	29
10	14	18	22	26	30
11	15	19	23	27	31
12	16	20	24	28	1
13	17	21	25	29	3
14	18	22	26	30	4
15	19	23	27	31	5
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On the 2d day of December 1794, a Treaty between the United States and the Oneida, Tuscarora and Stockbridge Indians, was signed by Gen. Pickering and 15 of the head Sachems, War Chiefs, and Stockbridge Indians.

## ROADS from BOSTON to the Southward and Southeastward, with the Names of the Innholders.

(III.)	Road to	Taunton	and Somerset,
Providence,	Kant	4	Kent
Plymouth,	Vose	3	Vose
Gloucester,	Palace	1	Bent
Edicto,	Marsh	2	Doty
Brentford,	Salisbury	3	May
Weymouth,	Riles	4	Savage
Hingham,	Welles	3	Howard
Scituate,	Collingwood	4	Babbit
Hanover,	Wales	5	Crocker
Pembroke,	Kingman	1	Whitmarsh
Duxburyburgh,	Loring	6	Somerset,
Kingston,	Kingston	6	Freibairn
Plymouth,	Bartlet	4	
Roxbury,	Whiting	2	
Dedham,	Ames or Gay	3	
Uxbridge,	Ellis	3	
Upton,	Downe	5	
Medway,	Hadden	2	
Wrentham,	Mane	6	
Upton,	Holmes	5	
Attleborough,	Newell	4	
Upton,	To Providence	9	
Upton,	Over Second Plain to		
Rehoboth,	Dagget	2	
Warren,	Burr	9	
Bristol,	Wardwell	4	
Upton,	Pierce	2	
Portsmouth,	Stranger	3	
Newport,	Lawton	9	
(V.)	Western road to Philadelphia & Alexandria,		
Watertown,	Willington	3	
Walham,	Weston	1	
Wellesley,	Lamien	4	
Wellesley,	Flary	4	
Z. Sudbury Walcot & Danas	Baldwin	2	
Upton,	Hows	5	
Marlborough,	Hows	4	
Upton,	Williams	1	

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Doty 2
May 3
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Howard 8
Babbit 6
Crocker 2
Whitmarsh 6
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## Gould-Sunday River Snow Ball

The first annual Gould-Sunday River Snow Ball will be held on Saturday, Jan. 18, in the Grand Ballroom of the Summit Hotel and Conference Center. This gala event will benefit Gould Academy on-snow programs.

Festivities begin at 5:30 p.m. with a large silent auction, raffle, hors d'oeuvres and cash bar followed by dinner at 7:30.

After dinner there will be live music and dancing to a fabulous seven-member band playing the classics of the '60s, '70s and '80s. Tickets are \$25 per person and groups may reserve tables of 10. Only 330 tickets will be sold. They can be purchased by calling Gould Academy at 824-7707.

## Jackson-Silver Auxiliary

After their meeting on Nov. 21, members were busy preparing the tables for the Senior Citizen dinner given annually at Telstar by the National Honor Society members on the Sunday before Thanksgiving.

The unit will serve a ham dinner for the Woodstock-Greenwood Senior Citizens at the Legion Hall on Dec. 5 at noon following their monthly meeting. There will be a regular meeting of the Auxiliary that evening at 7 p.m.

There will be toy auctions at the Legion Hall on Dec. 1 and 8. Doors open at 11 a.m. and the auction begins at 1 p.m. Refreshments will be on sale at 10 a.m.

The annual Family Christmas Party will be Dec. 12. Members are urged to come and bring their families. Those planning to attend should make their intentions known and give the ages of children who will be coming. There will be a supper at 6 p.m. followed by entertainment, and Santa is expected to pay a visit.

The sale of light bulbs for the Christmas trees is going well and the tree lighting is scheduled for Dec. 5 just before the regular meeting.

Tentative plans are that there will be only one meeting per month in January and February on the third Thursday. The February meeting will be preceded by the annual oyster stew supper.

Several members reported having attended the County Council meeting in Bethel on Nov. 19. The next Oxford County Council meeting is scheduled for Dec. 17 at the Rumford Post. Auxiliary members voted that instead of exchanging gifts they would bring items of clothing to be given to homeless veterans. Such items may be either new or used but still serviceable.

### ITEMS NEEDED FOR CONSERVATION AUCTION

Each year the Maine Association of Conservation Districts holds an auction at its annual winter meeting. This year's meeting will be from Dec. 4 to 6 in Bangor. The proceeds of the auction assist in the funding of the following: the Maine Envirothon, an environmental competition for high school students; the Natural Resources Institute, a one week course in environmental education for teachers; and the Antennae Poster Contest, a conservation oriented resources awareness for elementary students.

To strengthen the efforts of the Oxford County Soil and Water Conservation District in South Paris, such items as moose pie, ski lift tickets, a gift certificate towards the purchase of traps, maple syrup, balsam fir pillows, a bird house have been made available for the auction in the past.

The Conservation District has found that items peculiarly typical to Maine culture and environment sell well. The auction provides a unique opportunity to new businesses looking for a means of publicity while at the same time providing conservation educational opportunities for the youth of Oxford County. Oxford County has many businesses utilizing the natural resources. The auction provides a golden opportunity to showcase these practices to others in the state of Maine. To make a donation for the auction or obtain more information, contact the Oxford County Soil and Water Conservation District, 1 Main Street, South Paris, ME 04281 or call 743-7019.



## 'Nutcracker' returns

"The Nutcracker," a sold-out performance two years ago, is coming back to Bethel by popular demand.

On Saturday, Nov. 30, Maine's own Robinson Ballet Company will present a fully mounted production of E.T.A. Hoffmann's magical tale brought to life by Tchaikovsky's timeless music.

The performance is presented by the Mahoosuc Arts Council with the support of Bonnema Potters, Chapman Inn, Sunday River Inn and Cross Country Center and the Shops at Philbrook Place.

The show will begin at 7 p.m. at Telstar High School. Tickets are priced at \$6 for children 12 and under and \$8 for adults in advance, or \$8 and \$10 at the door. Advance tickets are available at Preb's Pharmacy in Bethel or by calling the Mahoosuc Arts office at 824-3575 for reservations. Advance ticket sales will end on Friday, Nov. 29, at 5 p.m. Refreshments will be available courtesy of Cafe DiCoco.

Additionally, Mahoosuc Arts will present a free lecture/demonstration led by members of the Robinson Ballet Company on Nov. 30, at noon, in the Telstar auditorium. Several dancers from the troupe will demonstrate a routine of warm-up exercises and perform, in costume, excerpts from "The Nutcracker." Immediately following there will be an opportunity for students of beginner-to-intermediate levels to participate in a movement class led by the dancers. Participants should wear appropriate dance slippers and/or pointe shoes. These programs are free of charge and the public is invited to attend.

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Authorized Distributor:  
**ANDOVER LOG HOMES**  
Andover, Maine 04216  
1-207-392-4771 phone/fax

## L.P. GAS

### Country Gas

for all your  
Propane Needs

Sales - Service - Delivery

**1-800-287-7475**

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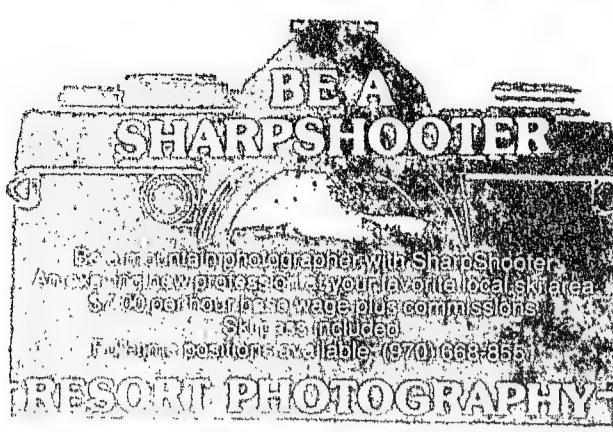
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# Classifieds ~ Call 824-2444



## VACANCY NOVA-Region 9 Business Education Teacher

A full-time Business Education Teacher with a minimum of 3 years teaching experience should apply. Call 824-2174 or fax resume to 824-2174. Applications will be forwarded to a second Business Education Teacher who will be teaching in a Business Program located in the Oxford Hills area. Applications due to the present teacher's office by December 1, 1996. If your position begins no later than January 1, 1997, you should send a letter of application to the Director of the Oxford Hills School System, P.O. Box 100, Oxford, ME 04246.

Director, P.O. Box 100, Oxford, ME 04246

Applications for all teaching positions are now being accepted. Send resume to Director, P.O. Box 100, Oxford, ME 04246.

## WELCOME PAUL DUPUIS

Paul Dupuis has joined our team at the Bethel Inn. Paul has been working in the food service industry for over 10 years. He has worked in restaurants, bars, and nightclubs throughout New England. Paul is a graduate of the Culinary Institute of America and has a degree in Business Administration from the University of Massachusetts. He is currently working towards his Masters in Business Administration from the University of Maine at Orono. Paul is a member of the American Society of Appraisers and is a licensed real estate agent. He is also a member of the National Restaurant Association and the American Hotel and Lodging Association. Paul is a member of the Bethel Inn's Board of Directors and is involved in many community activities. Paul is a member of the Bethel Inn's Board of Directors and is involved in many community activities.

Paul welcomes his customers with a...  
**USED CAR SALE**

1991 Dodge Superduty	1991 Flareside Supercab
ON SALE	\$17,995
1993 Dodge Ram	1995 Toyota Tercel
\$10,995	\$7,150
1994 Honda Accord	1995 Mercury Cougar
\$12,995	\$12,995
1996 Ranger Supercab	1994 F150
\$15,995	\$15,495
1992 Ford Escort	1992 GMC Sierra
\$8,995	\$12,995

Come In And See Marc Today!

Call 207-369-0144 or 1-800-427-0140 for more information. We offer a wide variety of vehicles, including those trade-in allowances.

## '97 COLORS are In!



8 New Helmet Styles in Stock . . .  
starting at \$41.75

### Full Leather Suits

Jackets \$244

Pants \$209

**CHECK DEALER PRICES!**

### IN STOCK

Gloves • Studs • Carbides • Belts  
Oils & Much More!

**SPECIAL ORDER PARTS & ACCESSORIES  
NEXT DAY!**

WESTERN  
MAINE  
SUPPLY CO.  
BUILDING MATERIALS  
CROSS STREET  
BETHEL, MAINE 824-2139

## Help Wanted

DRIVERS... SWIFT TRANSPORTATION. Truck drivers wanted! Now hiring for regional runs. A Class CDL Required. Home weekly. Great pay & benefits. Call 1-800-347-1485 (eoc-m/f) 48ne

PAY \$6.25 PER HOUR. Housework and personal care. Hours and days negotiable. Non-smoker preferred. \$36-3095 46-49

HILL WANTED must be knowledgeable about snowmobiling and like to deal with the public. Call 824-7533 and ask for Rocky. 46-49

CAFETERIA COOK WANTED. Please apply in person at Mt. Abram Ski Area, Lamo Mills 875-5003 47-48

PERSONAL CARE ATTENDANT part-time weekday mornings. Please call 875-2171 47-48

FRONT DESK/HOST experience not necessary. 824-2174 47-48

THE SUDSBURY INN experienced line cook, pizza maker & dishwasher needed. 48ne

CRUISE SHIPS NOW HIRING - Eat up to

**NORWAY CONVALESCENT CENTER**  
is a 73 bed nursing facility that is bringing our long standing reputation for providing quality care to our new Residential Care Unit in the Oxford Hills community.

### LSW

40 hours/week  
We are seeking a reliable and experienced Service Director to direct our day-to-day operations. The successful candidate will be responsible for all aspects of the center.

### Residential Care Program Director

50 hours/week  
We are seeking a reliable and experienced Service Director to direct our day-to-day operations.

### Staff Development Coordinator

24 hours/week  
We are seeking a reliable and experienced Service Director to direct our day-to-day operations.

### RN

16-24 hours/week, 16-24pm 7 days  
We are seeking a reliable and experienced Service Director to direct our day-to-day operations.

### CNA's

3-11, part-time 16-24 hours/week, 16-24pm, part-time 16 hours/week  
We are seeking a reliable and experienced Service Director to direct our day-to-day operations.

If interested in the above positions please call, send or fax resume to Julie Hermans, RNC, DNS

### Cook

12 hours/week  
We are seeking a reliable and experienced Service Director to direct our day-to-day operations.

If interested in the above position please stop by to fill out an application between 8:30 AM-4:30 PM or call the main office at 824-2174.

Norway Convalescent Center, 24 Marion Avenue, Norway, ME 04256 Phone 824-2174 Fax 824-2269

We are equal opportunity employer.

### Call 824-2174

PSYCHICS WANTED for phone readings, call Magikal Journeys 1-800-310-8645. 48ne

TEAR SHEET/BILING COORDINATOR Immediate full time openings for self motivated, detailed oriented person to handle newspaper advertising tear sheets and billing functions for New England Press Association. Strong math, organizational and telephone skills required. Light bookkeeping experience helpful. Send resume to: Ellen Wolslegel, Advertising Director, New England Press Association, 360 Huntington Ave., Suite #28CP, Boston, MA 02115. 48ne

EASTERN EUROPE JOBS - Teach basic conversational English in Prague, Budapest or Krakow. No teaching certificate or European language required. Inexpensive Room & Board + other benefits. For info. call 206-971-3682 ext. K89682 48ne

NATIONAL PARKS HIRING - Positions are now available at National Parks, Forests & Wildlife Preserves. Excellent benefits + bonuses! Call: 1-206-971-3622 ext. K89685. 48ne

CRUISE SHIPS NOW HIRING - Eat up to

### 47-48

CAN YOU LOSE 20 lbs. between now and

Christmas? YES! I lost 21 lbs in 30 days!

Call me! Maria 305-274-0484. 48ne

OWNER-OPERATORS NEEDED. For dedi-

cated regional work. Please call Mr. Libby

1-800-937-4122 for information. 48ne

WANTED: 72 people to lose at least 20 lbs.

by Christmas. Call Maria 941-352-

2299. 48ne

EXPERIENCED CHILD CARE PRO-

VIDER to care for two energetic toddlers in

our home Tuesdays and Thursdays, addi-

tional hours may be available. Person must

have previous experience caring for children,

be creative and imaginative and enjoy read-

ing and playing games. Only non-smokers

needed apply. Call Linda at 207-665-2690. 48ne

SUDSBURY VILLAGE HANDYMAN. Call

824-3364 for information. 48ne

NOW HIRING game wardens, security,

maintenance, park rangers. No experience

necessary. For application and info call 800

299-2470, ext. ME111C, 8 am to 9 pm, 7

days. 48ne

POSTAL JOBS START \$12.68/hr, plus

benefits. For application and exam info, Call

800-229-2997

7 days.

This ne-

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November 27, 1996

1-800-299-2470, Ext. ME111, 8 am to 9 pm,  
7 days.**Publisher's Notice**

All real estate advertised in this newspaper is subject of the Federal Fair Housing Act of 1968 which makes it illegal to advertise any preference, limitation, or discrimination based on race, color, religion, sex, or national origin, or an intention to make any such preference, limitation or discrimination."

This newspaper will not knowingly accept any advertisement for real estate which is in violation of the law. Our readers are informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

**For Sale/  
Vehicles, Boats  
& Trailers**

**BEAT NEW CAR DEALER'S** at their own game! Best kept "Secrets" revealed! How you win - instead of them! Free recorded information: 1-800-725-0704. Consumer Press 587 N. Venu Pk., Rd., Suite #607, Newbury Park, CA 91320-2732. 48ne

**SMALL JOLAL WOODSTOVE** black, used one season \$250. Call 824-7020 between Fri. Nov. 29 to Dec. 1st after Dec. 1 call 401-783-1832. 48-50p

**For Trade**

**WILL TRADE** use of 5 BR Sugarbush, VT home for comparable accommodations at Sunday River. Put that 5 - mountain pass to good use! Contact David or Peter (508) 632-0205. 43-50p

**Wanted**

**WANTED:** ITEMS from your attic, 1940's or earlier. We work with you and for you! Ex. terms. Call Sally. Playhouse Antiques. 207-824-3170. 15f

**WANTED TO BUY** Boy's Mountain Bike 24 or 26 inch. ALSO WANTED: Computer, suitable for student 364-7520. 44f

**USED WHEEL WEIGHTS** - will pay cash for all you have on an ongoing basis. 665-2724 Ken. 47-49p

**For Sale  
General**

**WOLFF TANNING BEDS.** Tan at home. Buy Direct and Save! Commercial/home units from \$199. Low monthly payments. Free color catalog. Call Today 1-800-842-1305. 48ne

**2 POWER KING HIGH TRACTION** snow tires 185/65 R14. New \$80 each, will sell 2 for \$100. Used 1 winter. 674-3590 after 4 pm. 49f

**TV'S COLOR** - USED. \$75. ar. ip. Discount when you buy quantity. Call 364-7520. 29f

**1993 HOT WATER HEATER** w/oil burner. Used only 2 years. 30 Gallon capacity asking \$500 or best offer for both. Call 824-7031. 46-49

**1979 METEMORA TRAILER** 2 bdrm., fridge, woodstove w/fumace, air conditioner, must be moved. \$4,000. 824-2971. 47-50p

**NEW '97 SKI-DOO Snowmobile**, Model 380 Scandic. No Mileage. \$4,388 Firm. 665-

**Bethel Auto Sales**

Rt. 2, Bethel - MI: Open 9-5 & 9-7 Friday • 9-12 Saturday Closed Sunday • (207) 824-2389

**QUALITY USED VEHICLES**

1994 Subaru Justy 3 cyl. 5 sp. 66k miles. \$3,495

1993 Chevrolet Corsica V6, auto, am/fm radio, 50k miles. \$6,595

1993 Ford Festiva 4 cyl. auto, 74k miles. \$3,995

1992 Chevy Cavalier 4 cyl. sedan, 4,5k miles. \$6,795

1991 Toyota Pick-up 2 cyl. 4 cyl. 5 sp. 86k miles. \$4,495

1991 Dodge Grand Caravan SE V6, auto, ar. am/fm radio, very clean, 95k miles. \$7,700

1991 Toyota Pickup 4 cyl. 5 sp. 86k miles. Was \$5,495 Now \$4,995

1990 Plymouth Grand Voyager SE V6, auto, ar. am/fm radio, 79k miles. \$6,795

1990 Mercury Topaz 4 cyl. 5 sp. am/fm radio, ar. 90k miles. \$2,295

1990 Dodge Pickup V-8, auto, 3x4, 72k miles. Was \$7,995 Now \$7,495

1990 Oldsmobile 88 V6, auto, loaded. \$3,995

1989 Honda Civic 4 cyl. 4 sp. 3 door hatchback, 94K miles. \$2,495

**MINOR REPAIR WORK**

**Allstate**  
You're in good hands.

We're big  
on small  
business.

Please Contact Kate Houston  
824-2580 or 824-2888  
WJ WHEELER & CO. INC.



For business insurance—  
Being in good hands  
is the only place to be!

© 1996 Allstate Insurance Company, Northbrook, Illinois. Subject to availability and qualifications. Other terms, conditions and exclusions may apply.

TO SALES

Berlin

PAT'S AUTO SALES

**Classifieds ~ Call 824-2444**

2321

**COMPUTER** McIntosh SE, ImageWriter printer, variety of educational/technical software, and a portable carrying case for young student. \$240 - Bryant Pond 665-2577 47-48f

**CHRISTMAS TREES** Plantation, Grown. Balsam Fir at 49 Evergreen Road. After November 28, 1996. Afternoons from 3:30 - 5:00 pm. Avery Ave/207-2975. 48-50p

**DRY, SEASONED ONE YEAR**, mixed hardwood firewood. Tree length. Sold by the load. Approximately \$80 a cord. Delivered. 364-7520. 48f

**CHRISTMAS TREE LIGHTS** choose & cut your own fresh Maine Christmas Tree. Ready cuts \$5 and up. Free tree wrapping. Register for door prize. Follow yellow signs to Burgess Hill in Rumford. 364-4237. 48-51

**Tools**

**RINSENVAC** carpet cleaner, rug shampoos, sever snakes, sump pumps, space heaters, chipper-shredder at Brooks Bros., Inc., Main St., Bethel. 824-2158. 16f

**Lost**

**LONG HAIR CAT** tan and white part Maine Coon Cat white on face and paws. Last seen 10/20/96 on the Greenwood Rd./Twittchill Pond. Any info call 875-2385. 46-47f

**FROM HOWE HILL RD.** Locke Mills male Tiger Cat with bob tail. Very friendly. Answers to the name "Skeeta". Missing since Nov. 4th. If found please call: Bertie 875-3305 or 875-5401. 47-48f

**LOST FROM THE MAYVILLE AREA** a large neutered male cat. Grey tiger with white chest, paws and legs. Last seen Nov. 18th. Please call Beverly with any information. 824-3397 or 824-2166. 47-50p

**HAUL ALL MOVERS**. The best and cheapest in town. Licensed and insured 4 hrs. Our movers and service can't be beat. 617-322-1679. \$5.00 off for mentioning this ad. License #30299. 48ne

**AT YOUR FINGER/TIPS:** Score Picks, Soaps, Horoscopes. 1-900-388-5800 ext. 5345 \$2.99 per minute. Must be 18 years. SER-VU Number 619-645-8434 47-50p

**Miscellaneous**

**GRD (High School Equivalency) TESTING AND PREPARATION.** Day and evening times. No charge. Call SAD #44 Adult Ed. 824-2780 for an appointment. 34f

**OVERTREATERS ANONYMOUS**, Bethel Area Health Center, Saturday 9:30 - 10:30 a.m. For information call 824-6683 or 824-2945. 37f

**TOPS (Take Off Pounds Sensibly)**, Wed. 5:45-7 pm, Telstar Cafeteria. 11f

S.I.A.R.E., a support group for parents who have suffered an infant loss, stillborn birth or miscarriage. Stephen Memorial Hospital, First Thursday of each month, 7 pm. For information, call 824-2193. 24f

**Bethel Freedom Group AA**, which meets at Bethel Fire Station. Sunday 6-7:30, CBB; Tuesday 7-8:00 OD; O-Literature; Friday 7:30-9:12 12x12. 23f

**AL-ANON**, Wednesday, 8 pm Telstar Regional High. 28f

**AA MEETS** Wednesday, 8 pm, at Telstar Regional High School. 2if

**DONATE CARS**, trucks, RV's, boats running or not, FREE towing. FREE phone card w/addr IRS Tax Deductible Jewish Heritage for the Blind. 1-800-2-DONATE. http://taxdeduction.com 47ne

**Discover Why Shoppers From Me. & N.H. Shop Here!**

**MOVING**

**HAUL ALL MOVERS**. The best and

cheapest in town. Licensed and insured 4 hrs. Our movers and service can't be beat. 617-322-1679. \$5.00 off for mentioning this ad. License #30299. 48ne

**FREE SWEDISH MASSAGE** yes FREE! No strings attached. Please call Jane Langlois at 824-3683 for appointment.

**Health & Fitness**

**DEAL OF THE WEEK!**

**1986 Ford F350 Wrecker 4x4**

**1994 Toyota Ex-Cab 4x2**

**1994 Nissan Ex-Cab 4x4**

**1992 Ford F150 4x4 PU**

**1992 Chevy 1500 PU**

**1992 Dodge Dakota LE PU**

**1992 Ford F150 Ext Cab 4x4 PU**

**1992 Isuzu Trooper 4x4**

**1992 Ford F150 4x4 PU**

**1992 GMC 1500 4x4 PU**

**1992 Dodge Dakota 4x4 PU**

**1992 Ford F150 4x4 PU**

**1992 Isuzu Trooper 4x4 PU**

**1992 Ford F150 Ext Cab 4x4 PU**

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**1992 Isuzu Trooper 4x4 PU**



Wednesday, November 27, 1996

The Bethel Citizen

Page Nineteen

INTER LBASE prime location in  
bam, Route 2, Bethel. Negotiable  
#745-8895 411f

## Vacation Rentals Properties

OND CAMPS For rent by the  
all (207) 824-3191 leave  
21f

L RENTAL Large 6 bedrooms, 2  
house, with pool table. Seven  
in Sunday River. By week  
rseason, (207) 824-4875. 411f

L RENTAL private home in  
bedrooms, 1 1/2 baths. Available  
ason. Call 207-824-2769, 47-48p

POND condo avail. for ski sea-  
n, slips, fully furnished, \$600 mos.,  
+ utilities. Other negotiations nego-  
Dan 617-973-0886 days or eves.  
02 after 7:00 p.m. 45-48

SEASONAL RENTAL two bedroom, wood  
stove, ice skating. Very private, Songo Pond.  
824-2335. 48m

TIMESHARE/CAMPGROUND MEMBER-  
SHIP/RESALES Buying & selling \* renting  
America's most successful resort resale  
clearinghouse. Accepting all resorts. Call  
REntor Property Resales International. Toll  
free hotline 1-800-423-5967. 48mc

TIME SHARE UNITS AND CAMP-  
GROUND MEMBERSHIPS Distress sales  
cheap! Worldwide selections. Call vacation  
Network U.S. and Canada 1-800-543-6173  
Free rental information 954-563-5586 48nc

FLORIDA SW COAST: Naples, Marco Is-  
land, Ft. Myers Beach. Beach cottages, pool  
homes, condos. Week/month rentals. Free 42  
page Vacation Rental Guide. 800-237-2010.  
Blueball 48nc

SEASONAL RENTAL two bedroom, wood  
stove, ice skating. Very private, Songo Pond.  
824-2335. 48m

CLASSIFIED ADVERTISING  
IT WORKS. CALL 824-2444

## Roommates

ROOMMATE Responsible, house friendly,  
to share house in W. Bethel. \$300 plus  
deposit. Call 892-4547 or 776-9763. 44-47p

## Room Wanted

WANTED ROOM TO RENT on-mountain or  
near mtn by maine nra. Priced rea-  
sonably, mainly mid week. Scott 799-3503.

Possible trade for room in So. Portland. 47-49

## For Rent

ELDERLY HOUSING one bedroom upstairs  
apartment at Sodbury Village. Units are sub-  
sidized to qualified applicants. Waiting lists  
maintained. Call (207) 824-3864 Equal  
Housing Opportunity 40ff

IN TOWN 90+ year old farm house, 4  
beds, furnished, whirl pool, tub, cable,  
washer/dryer. Sleeps 10. Utilities included  
\$85 per week. 804-253-4436. 40ff

COUNTRY HOUSE FOR RENT in  
Hanover. Large yard. 15 min from Sunday  
River, 15 min from Rumford. Newly painted  
interior, all new windows. Call 364-752040.

ATTRACTIVE QUIET MOUNTAIN HOME  
for rent in Rumford. Large yard around  
swimming pool, deck. 10 min from  
Sunday River. 15 min from Rumford. 324-  
7520. 44ff

## PUBLIC HEARING

Public hearing, Tues. Nov. 26, 1996 - 7:00pm  
at the Bethel Town Hall. Planning Board  
will hold a public hearing at 7:00pm. All the  
Planning Board members will be present to con-  
sider all comments and suggestions from Jan  
1st thru Dec 1st. The hearing will be held at the  
Bethel Town Hall. All are welcome to attend.

For further information, contact the Bethel  
Planning Board at 824-3191 or 824-3190.

NOV. 26, 1996 - 7:00pm

Woodstock  
In building industrial hrs. or dream  
at views \$27,900 each lot

LAND, 80 Acres  
Due to Bethel Sunday River area  
now \$49,000

Ridge Road, Paris  
1 acre parcels, offers privacy & se-  
curity \$19,900

Greenwood  
In building industrial hrs. or dream  
at views \$27,900 each lot

Land, 80 Acres  
Due to Bethel Sunday River area  
now \$49,000

Ridge Road, Greenwood  
1 acre parcels, offers privacy & se-  
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now \$49,000

Ridge Road, Greenwood  
1 acre parcels, offers privacy & se-  
curity \$19,900

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## Obituaries

### FRANCES M. GAMMON

Frances M. Gammon, 93, a long-time resident of South Paris, died Wednesday, Nov. 20, 1996, at the Norway Convalescent Center after a period of illness.

She was born in Grafton on Jan. 24, 1903, daughter of John E. and Edna Green Morris. She attended schools in Hinsdale and graduated from Gould Academy and Hamilton Normal School. In 1928 she married Wilbur J. Gammon.

Between 1933 and 1942, she and her husband lived in parts of New York, Canada and New Hampshire due to his job with the railroad and had made their home in South Paris since 1942.

Originally a teacher, she continued to sub-teach in the local schools for many years. She was a homemaker who dedicated herself to the rural community through her baking, babysitting and as a care giver to the old and elderly. She busied herself with sewing, knitting, tattling and crocheting.

She was a member of the South Paris Congregational Church and was active in the Woman's Club and Ladies Aid. She donated many hours to Stephens Memorial Hospital and Agape in the Coffey Shop and later shop and shop which she helped build. She was a classmate of Gould Academy, pastoring and teaching and grandmothers. She was a member of the 50th class of the Class of 1928. Frances was a member of the South Paris Community Church, First Congregational Church, First Baptist Church, South Paris, and the South Paris Senior Center.

White Shrine, the F.S.C. and Oxford County Extension.

Survivors include two daughters and their husbands, Josephine and Rosemary Weston of Oxford and Marjorie and George Aldrich of Chamberlain's Reside, 11 grandchildren and 14 great-grandchildren.

Dwight C. Aldrich, a second generation local, recently died Nov. 20, 1996, in the town of the South Paris Congregational Church, East Main Street, South Paris. In her 87th birthday she was still making cards and writing to the members of Union Chapter OES, 118, Norway, ME 04268 or to Stephens Memorial Hospital, Norway, ME 04278.

### HOMER C. ALDRICH

Homer C. Aldrich, 90, of Norway, died Friday, Nov. 21, 1996, at Stephens Memorial Hospital.

Born in Norway, Sept. 4, 1906, the son of Elmer and Minnie Bush Aldrich, he lived several times in Norway and in Boston, Mass.

Mr. Aldrich attended Norway High School and graduated from the University of Maine at Orono. He taught school and worked at various occupations. He taught at Norway High School, Norway, Minocqua, Wis., Superior, Wis., and Duluth, Minn. After a year of teaching, he moved to Norway, where he taught at the Norway High School and taught at the Norway High School.

For their North Pole expedition in the 1930s, he was also the manufacturer of the "World's Largest Snowshoe," which was the welcome sign for the Town of Norway for many years.

During World War II Mr. Aldrich worked as an electrician in the shipyard at Boston. Later he had owned and operated Andrews Electric at Norway for many years, until retirement in the late 1960s. Following retirement, he taught electricity at Region 11 in 1978-1979.

He was past master and 60-year member of Oxford Lodge 18, AF & AM, member of Norway Grange 45, served as a volunteer for the R.S.V.P. and for SCORE, member of the South Paris Historical Society, life member of Oxford Hills Chamber of Commerce, former member of Norway Chapter 168, OES, formerly active with the Boy Scouts, formerly active with the United Methodist Church summer camp "Mechuwana" at Westbrook, member of the East Otisfield Free Baptist Church, and received the Citizen of the Year award in 1983 from the town of Norway.

Mr. Aldrich was married at Norway on Sept. 28, 1940, to the former Editha Glover.

Survivors include his wife of Norway, two daughters, Mrs. Margaret Shaw of Chambersburg, Pa., and Mrs. Stanley (Margaret) of West Paris; two sons and their wives, Charles and Carol.

Dixfield and Stephen and Joyce of Roxbury; two stepdaughters, Mrs. Stanley (Priscilla) Gammon of Stoneham and Winifred Plourde of Auburn; one stepson, Luther and a daughter-in-law Shirley Grover of South Paris; two sisters, Mrs. Edward (Ismay) Lister of Sanford and Eleanor Boyce of Norway; many grandchildren and great-grandchildren, a great-great-granddaughter, many stepgrandchildren and stepgreat-grandchildren. He was predeceased by a daughter, Joyce Sampson, and two brothers, Kenneth and Rupert.

Funeral services were held on Tuesday, Nov. 26, at Meader & Son Funeral Home, Norway, with the Rev. Gertrude DeCoteau officiating. Interment was at Norway Pine Grove Cemetery, South Paris. In lieu of flowers, please contribute to the American Heart Association, P.O. Box 346, Augusta, ME 04330, or to the East Otisfield Free Baptist Church, Rayville Road, Otisfield, ME 04270, in his memory.

### KENNETH KNAPP

Kenneth Knapp, 79, of Norway, formerly of Rumford, died Monday morning, Nov. 25, 1996, at Pinetree Nursing Home.

He was born in Rumford on Sept. 23, 1917, son of Earl and Yvonne Guimette Whynaught and was a graduate of Gould Academy in the class of 1936. He was a veteran of the U.S. Marine Corps and served as a Lance Corporal during the Vietnam era. He was retired from Bonne Cascade in Rumford as Co-Gen Plant operator with more than 41 years of service and also had been an operator at the power plant.

He was an avid outdoorsman and enjoyed hunting, fishing and camping, especially in the Jackman area.

He is survived by a daughter, Sarah Whynaught of Bryant Pond; a brother, Harry of San Clemente, Calif.; a sister, Mrs. William (Elaine Kelly of Rumford; and two grandchildren.

Funeral services will be held Friday, Nov. 29, at 11 a.m. from the S.G. Thibault Funeral Home in Rumford, with the Rev. Ronald Ashworth officiating. Burial will be in Sunnyside Cemetery, Rumford. Friends may call at the funeral home Wednesday from 6 to 8 p.m.

### JAMES M. WHYNAUGHT

James M. Whynaught, 59, of Gore Road, Bryant Pond, died Monday, Nov. 25, 1996, at his home.

He was born in Rumford on Sept. 23, 1937, son of Earl and Yvonne Guimette Whynaught and was a graduate of Gould Academy in the class of 1956. He was a veteran of the U.S. Marine Corps and served as a Lance Corporal during the Vietnam era. He was retired from Bonne Cascade in Rumford as Co-Gen Plant operator with more than 41 years of service and also had been an operator at the power plant.

He was an avid outdoorsman and enjoyed hunting, fishing and camping, especially in the Jackman area.

He is survived by a daughter, Sarah Whynaught of Bryant Pond; a brother, Harry of San Clemente, Calif.; a sister, Mrs. William (Elaine Kelly of Rumford; and two grandchildren.

Funeral services will be held Friday, Nov. 29, at 11 a.m. from the S.G. Thibault Funeral Home in Rumford, with the Rev. Ronald Ashworth officiating. Burial will be in Sunnyside Cemetery, Rumford. Friends may call at the funeral home Wednesday from 6 to 8 p.m.

## Births

Jose and Deborah Martinez of Norway are pleased to announce the arrival of a baby boy, Brandyn Lorenzo, born Nov. 19, 1996, at Stephens Memorial Hospital, weighing 10 pounds, 4 ounces.

Maternal grandparents are Duane and Beth Dingley.

Maternal great-grandparents are David and Ruth Dingley of Norway.

Maternal great-great-grandparents are Roland and Josephine McAlister of South Paris.

Paternal grandparents are Augustine Martinez and Juana Gonzalez of Dolores Hidalgo, Mexico.

Brandyn joins brother Spencer Chavez, 3.

\*\*\*\*\*

Jeff and Pauline McMillin of Thornton, Colo., are pleased to announce the arrival of a baby boy, Christopher Allen, born Oct. 18, 1996, in Denver, Colo., weighing 8 pounds, 2 ounces.

Paternal grandparents are Delma F. McMillin of Bethel and Keri (Proctor) Drumm of Thornton, Colo.

Great-grandparents are Fred and Mina McMillin of Bethel.

\*\*\*\*\*

Rodney Shackley and Angel Heath of South Paris are pleased to announce the arrival of a baby girl, born Nov. 21, 1996, at Stephens Memorial Hospital, weighing 5 pounds, 11 ounces.

Maternal grandparents are Mary Heath of South Paris and William Heath of Oxford.

Paternal grandparents are Rodney and Darlene Shackley of Otisfield.

## Card of Thanks

The family of Rena Powers wishes to express a very heartfelt and sincere thank you to all the ladies and gentlemen of Norway who participated in providing the outstanding refreshments for our Mom's Memorial Service. Thanks too for all of your support and love through a very difficult time in our lives.

## Card of Thanks

We wish to thank everyone for the cards, phone calls and kind words of sympathy sent in the loss of our loved ones. It was very much appreciated.

From the family of Carl Nowlin, Marjorie Nowlin and Rena Powers.

Thank You Again.

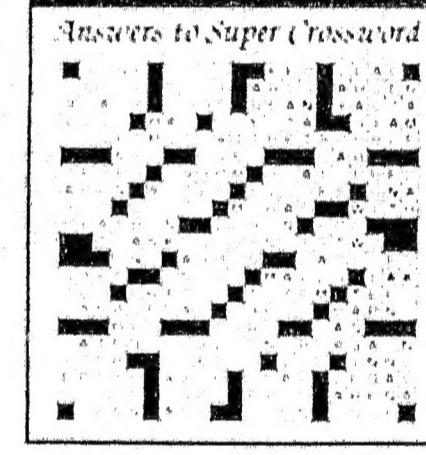
## Card of Thanks

The family of Bernard S. Zimmerman, sincere thank you to all of our friends, family and everyone for all of their kindness and support during our recent bereavement.

Sincerely,

Ann, Al, and Chuck Zimmerman.

## Answers to Super Crossword



A special thanks to all the wonderful people who helped make Jonathan's Big Day really exciting. A thank you to everyone who was able to come and a special thanks to Christine Larson, Dawn Tangney, Ellen Crocker and Valerie Elmore, Dave Rugoletti, Steve Whitney, Jeff Yingling, also to Lois at the Hometown Bakery on Vernon Street for the cake, complete with airplane, runway, windsock and airport office. Pat & Jonathan Early

## Thank You

A special thanks to all the wonderful people who helped make Jonathan's Big Day really exciting.

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## It's Christmas Time at M&W Farm & Greenhouses

We're here to help you with your decoration needs with hand-tied wreaths, swags, kissing balls, garland and hand-carved Santas for gifts in general for that someone special.

We have live plants, silk and dried arrangements.

Christmas Trees and much more!

M&W Farm & Greenhouses

Old County Road • Bryant Pond • 207-674-2183

**LOOK! IT'S JAY**

and he's 30 TODAY!

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